Happiness is dependent upon work. Sometimes we complain that we have too much work, but we fail to realize that it’s our work that keep us moving on and helps us to become a better man. Last summer I visited my friends in a small village. It was obvious that working has become an indispensable part of their daily lives. They all went to the field to plant the crops. The sun was shinning above them and they looked quite happiness about their work. On their face there were such smiles as I had never seen before.

Work provide us with happiness. Work is more than a necessity for human beings. If we have no work to do, we will waste our precious time. That’s pity. We will lose everything in the end. Work helps us to realize the importance of life, then we will appreciate it more. Everybody who live in this society could not live without working. If we spend every day idly, we will find life is boring.

Two year ago, Chinese biggest TV Channel played an interview which brought great response to the audience. The interview is about a journalist asked a worker that if he felt happy, the worker didn’t react what the question is, he answered that he his name is not happy. The interview became hot, everyone was taking about it,“Are you happy” has become a greeting when people meet, they made fun of it. The reason why the interview becomes so popular is that people lack of sense of happiness today, they find a way to make fun of happiness. As the development of technology, people live in a fast-pace lifestyle, the pressure from work is so heavy that people focus too much on work, they don’t have time to relax, many people bring the work issues to home, keeping busy all

the time. We should find the balance between work and family life, try to enjoy life.